The following rules apply to Grading Matches and Regular Season Matches

Competition: Juniors U8, U10, U12, U14, U16, U18 & U21

Timing: Two (2) x 18-minute halves.

Time Outs: One (1) time out per team in first half – no timeouts in the last 1 minute

(teams must be ready to play at 1-minute mark).

Two (2) time outs per team in second half – Only 1 timeout per team permitted in last 2 minutes of the game (if teams have not used their first

timeout before the 2-minute mark, they will lose it.

Half Time: Two (2) minute half time break.

Match Clock: Clock stops on all whistles in the final two (2) minute of the 2nd half.

Defence: U8 – "No Zones" rule applies for the entire match.

U10 to U14 – "No Zones" rule applies during the 1st half.

U16 to U21 – No restrictions.

Keyway U8 – no keyway violation. violation: U10 – U12 – 5 seconds.

U14 to U21 - 3 seconds.

Team Fouls: Penalty will be imposed after a team has committed 8 player fouls in a half.

Foul Line: U8 – Super short foul line (inside edge of circle).

U10 to U12 - Short foul line (94cm inside the 'normal' foul line).

U14 to U21 – Normal foul line.

3 Points Field U8 to U10 – No 3 point field goals.

Goals: U12 to U14 – Shorter 3 point line (where line marking is available).

U16 to U21 – Regular 3 point line.

U8 – Lowered to 2.59m (8ft6in).

Ring Height: U10 to U21 - 3.05 m (10 ft).

Match Ball: U8 to U12 – Size 5.

U14 Boys - Size 6.

U16 to U21 Girls – Size 6. U16 to U21 Boys – Size 7.

Ladders & Finals U8 – Modified ladder without percentage.

Finals Participation Matches – 1v2 / 3v4 / 5v6 etc.

U10 to U21 - Points ladder.

Championship Finals – Top 4 teams.

